



Fall 2024 Novice Division (10-14yrs)

Season Dates: August 26 - December 12, 2024.

Practice Days: Monday/Wednesday/Saturday or Tuesday/Thursday/Saturday

Practice Times for the 10-14yr group (all in the outdoor pool)

- Mon-Thurs practices: 6:10-7:00pm
- Saturday practices: 10:30-11:30am
- Review the [Inclement Weather & Cancellation policy](#) and sign up for text alerts for your group
- Full list of Fridays/Saturdays for the Fall season (cancellations, changes, etc) is on the [Team News page](#)
- *Swimmers must attend according to their registered days/class time due to coach/swimmer ratios. Making up a missed practice on an alternate day is not an option due to full classes.*

Important Dates:

- No practice on Monday, September 2.
- No practice on Thursday, October 31.
- No practice Wed-Sat, November 27-30.
- Last day of practice for 2024: Thursday, December 12.
- Return to practices in 2025: depending on placement, return to practice would be mid to end of January (*a new registration would be needed and sent at the start of November*).

Meet & Events Schedule

- *Next Gen* Meets: Friday, October 4; Friday, November 15; December 13 (for those that sign up for the season extension; that info will come out late October).
- *Next Gen* meets are broken up into smaller age groups per session and run at a pace suitable for swimmers and parents new to swim meets.
- Meet information and schedules are posted on each specific meet page on the [Meet Info section of our website](#). Meet information for October is published and info/sign up links for later meets will be published in September.

Inclement Weather- text alerts & what to expect

- Important! Join our Remind app list "Craw Novice" for practice time notifications related to closing the outdoor pool due to weather. [Text @crawnovice to the number 81010 to join this group.](#)
- Please review our Inclement Weather & Cancellation policy on the [Team News page \(Resources\)](#) and at the end of this newsletter.
- *We will ONLY use the text alerts for inclement weather and when practice groups are canceled or moved inside. All other team news, event sign ups, etc. will continue to be sent by email.*

Season Dues Payments

Enrollment for Novice is Season based. A portion of the Season dues were paid with your online registration. The remaining season dues is scheduled to debit to your saved payment method:

- 6:10pm groups: \$120 automatic payment will post on October 1, November 1 for remaining season dues. Season ends Dec 11-12.
- You can view your upcoming invoice or edit your payment method by logging into your Team Unify account <https://www.teamunify.com/team/laca/page/home>

What to Wear

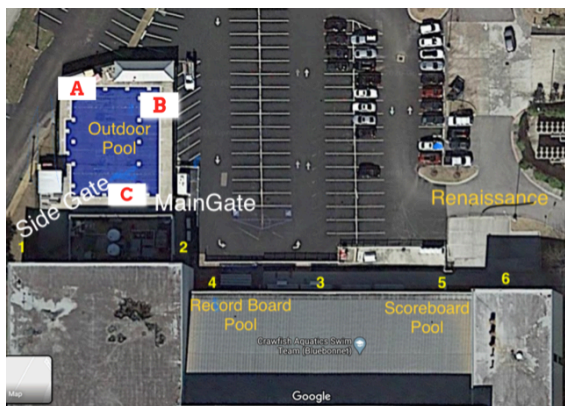
- **Practice:** Goggles and any one piece suits for the girls and jammers or briefs for the boys (better movement in the water). Hair must be tied back and/or must wear a swim cap.
 - **Team Store:**
 - Swim Suits- We do not sell swimsuits at the facility- some local sporting-good stores carry items year-round but the better options would be through our Team Store on SwimOutlet.com!
 - Start here: <https://www.swimoutlet.com/crawfish> and shop for your swim suit & gear needs. Our team suit is also available for purchase through Swim Outlet. Team suit is not a requirement.
 - **CA apparel-** We sell goggles and swim caps along with CA shirts, car decals at the Info Booth on the indoor pool deck. Order Apparel by emailing helen@crawfishaquatics.com or complete an order form in the Team Store binder at the Info Booth. We will also sell swim caps at the meet warm up.
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Facility/Pool Entry, and Pool Exit Points for Practices

There is no Spectator Seating on the pool deck- the indoor and outdoor pool decks are open for swimmers & coaches only during practices. The outdoor pool gate will remain open and there are spaces to watch from around the outdoor pool as well as the common areas/bleachers inside the white fencing along the outdoor pool. Conditioned space is available in the back hallway (Renaissance hotel end of the facility).

Drop Off/ Pick Up for practices in the Outdoor Pool

- Swimmers will enter and exit through the main outdoor pool ramp/gate from the main parking lot.
- Swimmers may begin entering the outdoor pool area starting 5 minutes prior to the practice time. *(Wait for the coaches to bring the previous group out to the ramp area).*
- Following practice, the coaches will walk them back to the ramp area for pick up.
- **Swimmers are not released to locate cars parked in the parking lot.** Please park and walk up to meet your swimmer at the outdoor pool ramp area following practice.





Communication & Resources

Missing Practices

We understand and anticipate that swimmers will miss practices at times. If you plan to be out for more than 1 week, please email the office or you can let the coach know; otherwise there is no requirement to report each absence.

Make up Practices

Swimmers must attend practices according to their registered practice days and are not permitted to attend on alternate days; this allows us to keep our coach to swimmer ratio at the appropriate number. If you will be out for an extended time, email the office (we may be able to offer another practice option depending on enrollment).

E-news & Emails

Please note that our primary communication will be through email. Your Team Unify login email will be the email used for all communication. To add additional email addresses, login to your TU account and you may add up to 3 additional emails.

Connect with Crawfish Aquatics online

- Text Alerts for Weather: sign up
<http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>
- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Website: <http://www.crawfishaquatics.com/swim-team>

Planning for Inclement Weather, the outdoor pool & cancellations

We will practice in the outdoor pool during light rain when there is no lightning or thunder, provided we have appropriate visibility above and below the water.

Timeline for canceling practice: while we do not want any family to drive out to CA only to have practice canceled, we also know that the weather can shift quickly. We will not make any calls about a practice cancellation until just before the start of practice (with the exception of times when it is apparent inclement weather is coming and making the earlier declaration is appropriate).

Text Group Sign up for "practice time" notifications *using Remind*

Text the code below (including the @) to 81010 for each applicable group:

- Novice- text @crawnovice to 81010
- 9 & U- text @craw8andu to 81010 (*@craw8andu is correct!*)
- Age Group- text @crawag to 81010
- HS Group- @CrawHS to 81010

Please sign up for text alerts for ALL GROUPS that you have swimmers participating in. We have split the text groups by team divisions to attempt to limit unnecessary text alerts when possible.

Moving to the Indoor Pool and Make Ups: What to Expect

"Rain outs" budgeted by group before moving inside or scheduling a make up

- 2 "rain outs" for Novice for the season (there will not be a make up).
 - 1 "rain out" for 9 & Under per month (there will not be a make up).
 - 2 "rain outs" for Age Group per month (there will not be a make up).
 - After that, we will either:
 - Move the group to the indoor pool (we will announce this ahead of time so that you know "the next time there is inclement weather, you will not be canceled, you will move inside).
 - OR, we will schedule a makeup practice on a Saturday for 9 & Under or open the Friday and Saturday practice up for Age Group swimmers to attend both Friday and Saturday as a make up.
 - *For Novice, in addition to the option to move to the indoor pool once we have exceeded our canceled practice quota, we can extend the season or schedule a Saturday make up*
 - **There are NO make ups or attending days other than your roster days during the Monday-Thursday practices for capacity guidelines, coach:swimmer ratio and group productivity.**
 - Any make up practices will be announced by email to the specific groups impacted.
 - You will always receive an email as a follow up to a canceled practice and if there will be a make up or if your group will rotate inside on the next occurrence, etc.
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Additional Inclement Weather Notices by Group

9 & Under and Novice division groups

- 9 & U and Novice practice in the outdoor pool.
- If there is the potential of inclement weather, parents are asked to remain on site in their car.
- Swimmers are asked to only bring essentials- a towel & goggles- on the pool deck to help when quick transitions need to be made.
- If we stop practice early, students will be walked to the indoor pool deck to wait for pick up or until the weather clears, if we are unable to return to practice within the scheduled time frame.