# 2024 High School State Meet Wrap Up

Crawfish Aquatics athletes had tremendous showings swimming for their schools at the 2024 Louisiana High School State Swimming Championship Meets, contested in Sulphur November 20-23. Fast swimming was displayed by all of our athletes and it was rewarding for coaches, parents and fans to see athletes from both of our locations excel, not only representing their schools but also Crawfish Aquatics.

# **Highlights**

- <u>First, the incredible number of best times showing continued improvement from our athletes.</u>
  Swimmers are racing one another but also themselves and the clock. It is very rewarding to see improvement regardless of where an individual lands in the rankings.
- The continuation of athletes achieving All American status. This is the eleventh straight year that we will have at least one Crawfish swimmer honored as a NISCA High School All American. Rylee Simoneaux qualified for the honor as an All American with a consideration time in the 100 backstroke. We look forward to her being honored this summer time as an official All American when all states have completed their school swim seasons as she was the previous season..
- Third, the number of state championships earned by Crawfish Aquatics swimmers. Our athletes
  helped multiple teams to win state titles for their teams, relays and we had many individual
  champions.
- <u>Fourth, we had one team record set</u> by freshmen Jamison Lange (13-14). This meet is USA
   Swimming observed all the times count towards USA Swimming SWIMS database for our
   registered swimmers and any of our team records.

We are so proud of our athletes for their efforts and it was nice to see them reap rewards for what they sowed. We have seen the top end of high school swimming in our state continue to evolve and get faster and Crawfish Aquatics athletes continue to be stars and blazing the trail!

Here are some additional highlights listing champions and records. This does not include the countless number of athletes who swam **best times** and/or in finals and scored points for their teams.

### **Division 4:**

Bella Bourque was the standout Crawfish Swimmer at the Division 4 Meet winning the 200 Individual Medley and the boys relay from the Dunham School that is composed of all Crawfish Aquatics members including Christian Cowen, Hayden Cowen, Jack McKearn, Lucian Pham and Caleb Heinlein.

#### **Event Winner**

- Bella Borque-200 IM
- Dunham 200 Free Relay (CA Members Christian Cowen, Lucian Pham, Caleb Heinlein, and Hayden Cowen)

#### Division 3:

Rylee Simoneaux led the way both earning two individual state championships, two relay championships being named Outstanding Female Swimmer of the Meet and leading the Epsicopal Knights under Coach Billy Newport to the team Title. Rylee won the 100 freestyle and the 100 backstroke, just missing Rylee Moore's state records in both races. Eli Gray Bennett and Lilliana Latour, both of Epsicopal also, were double winners as well with the former winning the 200 freestyle and 500 freestyle while the latter won the 200 IM and the 100 breaststroke. Jack McConnell was the other winner in Division 3, winning the 100 Breaststroke on the boys side.

#### **Event Winners**

- Eli Gray Bennett- 200 Freestyle and 500 Freestyle
- Liliana Latour- 200 IM and 100 Breaststroke
- Rylee Simoneaux- 100 Freestyle and 100 Backstroke
- Jack McConnell- 100 Breastroke
- Episcopal- 200 Medley Relay (CA Members Eli Gray Bennett, Liliana Latour, Adelaide Drennan and Rylee Simoneaux) [Division 3 State Record]
- Episcopal- 200 Free Relay (CA Members Eli Gray Bennett, Adelaide Drennan and Riley Simoneaux)

# **Team Members from winning Episcopal Team:**

Eli Gray Bennett, Chloe Carver, Adelaide Drennan, Liliana Latour, Rylee Simoneaux

#### **Division 2:**

While we had no individual or relay champions the athletes swam so incredibly well personally and many personal wins were attained.

## Division 1:

The Catholic High School Bears led by so many Crawfish Aquatics athletes won the boys team title again. Both Andi Clement of Southside and Noah Vargas of Catholic won an individual title. Andi won the 50 freestyle. Noah won the 100 breaststroke. Several Crawfish athletes helped the Bears win a relay title in the 200 medley relay.

### **Event Winners**

- Andi Clement- 50 Freestyle
- Noah Vargas- 100 breaststroke
- Catholic High 200 Medley Relay (CA Members Blake Talbert, Noah Vargas and Eric Jurkovic)

## Team Members from winning CHS Team:

Jackson DeJean, Ben Faulk, Eric Jurkovic, John Kirk, Dean Kolb, Toby Nguyen, Mick Pasquier, Blake Talbert, Noah Vargas, Sebi Vargas, Cooper Webb, Max Williams.

# **New Team Records**

13-14

Jamison Lange- 100 Backstroke

# **First Time Qualifiers**

Sectionals
Max Williams

#### All Academic Team

Numerous Crawfish Aquatics' athletes earned All Academic Honors. See links here:

2024 Swimming Girls' All-Academic Composite Team List

2024 Swimming Boys' All-Academic Composite Team List

2024 Swimming Girls' Academic Class List

2024 Swimming Boys' Academic Class List

# The Advocate Post Meet Write Ups

https://www.theadvocate.com/baton\_rouge/sports/high\_schools/catholic-wins-di-boys-swim-title-st-josep\_hs-girls-second/article\_518c05a4-a9c4-11ef-b07d-bf9eb2ebbedf.html

https://www.theadvocate.com/baton\_rouge/sports/high\_schools/three-double-winners-help-ehs-win-diii-g\_irls-swim-title/article\_ca699994-a87c-11ef-ae3e-3f55157ef072.html