

## **High School Invite 2024 September 28, 2024**

Hosted by Parkview Baptist School and Epsicopal School  
At Crawfish Aquatics in Baton Rouge, LA

### **Host Team**

This meet is by Parkview Baptist School and Epsicopal School in conjunction with Crawfish Aquatics, LLC.

### **Meet Administration**

Don Webb                      Meet Referee  
OJ Mesina                      Meet Director, meets@crawfishaquatics.com

### **Meet Schedule Notice:**

*Final warm up/start times will be confirmed on the website the Tuesday before the meet.*

### **Saturday September 28, 2024**

#### **Warm Ups:**

Session 1 7:30am-7:55am  
Session 2: 8:00am- 8:25am  
Session 0 (if necessary): 7:00am-7:25am

#### **Meet Start:**

8:35am

### **Facilities and Parking**

-Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, -7150 Bluebonnet Boulevard, Baton Rouge, La. 70810  
-Crawfish Aquatics parking lot is located off of Anselmo Lane. Parking is available in the Crawfish Aquatics lot with additional parking in the hotel parking lot and in the Advocate parking lot (continue past the outdoor pool for the additional spillover parking).  
-Do not park in the Ketcham Fitness lot off of Bluebonnet!

### **Rules and Meet Regulations**

-2024 NFHS Rules  
-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

### **Pool Measurement and Depth**

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.  
-The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:  
Start End: 13'  
Turn End: 4'

### **Eligibility**

-The meet is open to LHSAA registered athletes on teams that are invited to the by the Meet Hosts

### **Entries**

- Each swimmer may enter a maximum of 2 individual events and 4 total events.  
- Each school is limited to two relay entries per relay event and unlimited entries per individual event.  
- Event changes will not be permitted once the psych sheet is posted.

### **Entry Deadline**

- All meet entries are due by **Monday Evening, September 23.**
- No late or deck entries or deck changes will be accepted.

### **Entry Fees**

- Entry Fee of \$15 per swimmer surcharge.
- Meet fees payable by check payment. Credit card payments will also be accepted with a 4% processing fee.
- Checks are to be made to Crawfish Aquatics

### **Timing Assignments**

- Each team will provide timers in proportion to meet entries in a session.
- Timers will report 5 minutes prior to the start of the meet.

### **Warm-up & Procedures**

- Lane assignments to be announced prior to the start of warm-up.

### **Entry Limits and Scoring**

- Team will be permitted to enter up unlimited individuals in each event and 2 relay teams per event
- Each team will only be permitted to score 2 athletes per event and 1 relay per event
  - This will automatically be calculated and not predetermined by coaches
- Top 16 places will be scored individually with relays scoring double points.
- 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.

### **Safe Sport**

- Deck Changing: Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

-Current USA Swimming technical and administrative Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

-All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

-Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any times athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by Crawfish Aquatics Meet Director.

### **Event Schedule**

<b>Female</b>		<b>Male</b>
1	200 yard Medley Relay	2
3	200 yard freestyle	4
5	200 yard Individual Medley	6
7	50 yard freestyle	8
9	100 yard butterfly	10
11	100 yard freestyle	12
13	500 yard freestyle	14
15	200 yard freestyle Relay	16
17	100 yard backstroke	18
19	100 yard breaststroke	20
21	400 yard freestyle Relay	22

## **Meet Guidelines**

### **Individuals permitted to be in the indoor facility:**

- Meet Official(s)
- Athletes and Coaches
- Meet Management
- Timers
- Meet Marshalls (help facilitate flow of athletes prior to races)

### **Coaches Area**

**Coaches area** will be on the indoor pool deck along the competition pool (the girls locker room side) or their designated team areas.

- Athletes will flow from the team bleachers through the coaches area to line up for heats in the back hallway.
- Athletes cannot congregate in the coaches area; they can check in with coach but this area needs to remain open and flowing.

### **Lane Timers**

Schools will be assigned timing slots. There will be 1 timer per lane.

### **Spectators**

- Spectator Areas are assigned separately from Team Areas.
- All spectator areas are in the outdoor viewing areas.
- The main outside bleachers, sections C, D, E, F, G, H, I, as designated, open seating for spectators.
- There is a viewing area at the first two garage doors where we ask you to only stand and watch if your athlete is competing during the heat in the water.
- Spectators may also sit in the other areas outside the white fencing area (K, L, M, N and O) with chairs and/or tents unless otherwise designated.
- There are no chairs inside the fenced in areas in order to keep the area open and flowing.
- The indoor space is reserved for athletes, team personnel (3 max), officials, meet volunteers and Crawfish staff.

### **Viewing Races**

- All garage doors will remain open the entire meet with line stanchions to mark off the interior and exterior of the indoor pool area to indicate spectator viewing areas.
- The “walk up” viewing area at the first 2 garage doors is reserved for spectators of athletes in the current heat. This area is to be used to flow in and out of for specific race viewing.
- Race videos will be live streamed through LiveBarn. It is a paid subscription. Code BR-Swim for 10% discount to all in the league.

### **Team / Athlete Seating**

- All seating will be assigned to bleachers in the indoor pool area and bleachers in section A, B in the outdoor area.
- Team Areas will be assigned for each meet and communicated ahead of time.
- No spectators in the indoor facility.

## **Flow to Clerk of Course - Race- Post Race**

### **Clerk of Course- required check in area in the back hallway**

- Athletes must report to the queuing area in the back hallway for heat check in, 3 heats prior to their heat. There are additional bleachers in the hallway for swimmers to wait until their heat is lining up.
- Athletes will enter the back hallway from the indoor pool deck, through the doors on the locker room side. We will have meet management there to direct and oversee line up for heats/lanes.
- Relay teams will also report to the queuing area in the back hallway for all events.

### **Racing Procedures**

- Two heats of individual events at a time will line up in the back hallway. There will be one heat behind the timers and one in the water.
  - Spaces have been marked as to where to stand and meet staff will call out and line up.
  - A Meet or two Meets marshalls will help control flow and traffic of competing athletes
- Athletes will go through normal procedures to step up on the block and start the race.
- Following the race, swimmers will exit the block area and return to their team area and/or the warm down pool.
- They can exit the block area toward the garage door side (default) OR return to the coaches side to see coaches before going to the warm down pool/team seating area.

### **Post Meet**

- Full Results and Scores will be posted online following the meet
- Results will be posted to Meet Mobile during the meet (as frequently as possible)