Capital City Swim League
Meet Procedures and Requirements

Team Manager and Entry File Requirements

- Member schools must have Team Manager Lite (free, limited version) or Team Manager full version, for submitting entries. This will now be required for all schools, regardless of the team size.
- Due date, first meet: Entries for the first meet of the season will be due by the Friday 1 week prior to the meet (rather than Monday) to ensure systems are set up.

- For remaining meets in the season, entries are due by Monday evening prior to the meet.

- Send entry fee file to meets@crawfishaquatics.com.

- See team manager help documents on the HS Section of the website for steps on generating/submitting meet entries, downloading the free version of Team Manager (lite), etc.

- Before submitting entries: (Check your entries *before sending!*)
  - Print an entry report **by name** to double check athlete's event entries and that an athlete is only in 2 individual events.
  - Print an entry report **by event** to double check # of athletes in each event, to ensure that you are within the limits set per type of meet.

Meet Entry Limitations and Scoring

Individual Entry Limits
Swimmers may enter 2 individual events/2 relays or 1 individual event/3 relays

Event Limitations by team
- 8 swimmers per 100 yard events.
- 6 swimmers per 200 yard events.
- **4 swimmers in the 500 free**
- **Unlimited swimmers in the 50 free**
- **Relay Event Limitations: A & B relay per event**

Scoring
For each event, 4 individuals and 1 relay per school will score.

League Fees
- League Membership Fee: $50 per team
- CCSL Meet Entry Fees (regular season): $6 per swimmer per meet
- CCSL Championship Meet Fees: $10 per swimmer
- Payments made to Capital City Swim League.
- Late Fees: $10 per day fee for late entries; must be paid *before* events are contested

CCSL League Participant Waiver

All swimmers must have a waiver on file before their first meet. These will be send directly to the coaches to distribute, collect and submit to CCSL admin electronically, at one time.

Event Schedule

Female		Male
1	200 yard Medley Relay	2
3	200 yard freestyle	4
5	200 yard Individual Medley	6
7	50 yard freestyle	8
9	100 yard butterfly	10
11	100 yard freestyle	12
13	500 yard freestyle	14
15	200 yard freestyle Relay	16
17	100 yard backstroke	18
19	100 yard breaststroke	20
21	400 yard freestyle Relay	22

CCSL Championship Swimmer of Meet

Points are awarded to swimmers based on their individual races at the CCSL Championship, using the following criteria.

Finish Place in individual events:
- 1st- 4 points
- 2nd- 2 points
- 3rd- 1 points
- 4th and Below- no points

Meet Record:
- Set new record- 2 points

All American Status:
- Consideration time- 1
- Automatic time- 2

Tie Breaker:

In the event of a tie, NISCA Power Points will be used to determine the swimmer with highest scoring event and to determine the award recipient. This will only be utilized when there is a tie after using the 3 main criteria above. NISCA Power Points were developed by the National Interscholastic Swimming Coaches Association and is a point system which is only for short course yards or short course meters and only for high school events.