

CCSL Swim Meet Guidelines

Individuals permitted to be in the indoor facility:

- Meet Official(s)
- Athletes and Coaches
- Meet Management
- Timers
- Meet Marshalls (help facilitate flow of athletes prior to races)

Coaches Area

Coaches area will be on the indoor pool deck along the competition pool (the girls locker room side) or their designated team areas.

- Athletes will flow from the team bleachers through the coaches area to line up for heats in the back hallway.
- Athletes cannot congregate in the coaches area; they can check in with coach but this area needs to remain open and flowing.

Lane Timers

Schools will be assigned timing slots. There will be 1 timer per lane.

Spectators

- Spectator Areas are assigned separately from Team Areas.
- All spectator areas are in the outdoor viewing areas.
- The main outside bleachers, sections C, D, E, F, G, H, I, as designated, open seating for spectators.
- There is a viewing area at the first two garage doors where we ask you to only stand and watch if your athlete is competing during the heat in the water.
- Spectators may also sit in the other areas outside the white fencing area (K, L, M, N and O) with chairs and/or tents unless otherwise designated.
- There are no chairs inside the fenced in areas in order to keep the area open and flowing.
- The indoor space is reserved for athletes, team personnel (3 max), officials, meet volunteers and Crawfish staff.

Viewing Races

- All garage doors will remain open the entire meet with line stanchions to mark off the interior and exterior of the indoor pool area to indicate spectator viewing areas.
- The “walk up” viewing area at the first 2 garage doors is reserved for spectators of athletes in the current heat. This area is to be used to flow in and out of for specific race viewing.
- Race videos will be live streamed through LiveBarn. It is a paid subscription. Code BR-Swim for 10% discount to all in the league.

Team / Athlete Seating

- All seating will be assigned to bleachers in the indoor pool area and bleachers in section A, B in the outdoor area.
- Team Areas will be assigned for each meet and communicated ahead of time.
- No spectators in the indoor facility.

Flow to Clerk of Course - Race- Post Race

Clerk of Course- required check in area in the back hallway

- Athletes must report to the queuing area in the back hallway for heat check in, 3 heats prior to their heat. There are additional bleachers in the hallway for swimmers to wait until their heat is lining up.
- Athletes will enter the back hallway from the indoor pool deck, through the doors on the locker room side. We will have meet management there to direct and oversee line up for heats/lanes.
- Relay teams will also report to the queuing area in the back hallway for all events.

Racing Procedures

- Two heats of individual events at a time will line up in the back hallway. There will be one heat behind the timers and one in the water.
 - Spaces have been marked as to where to stand and meet staff will call out and line up.
 - A Meet or two Meets marshalls will help control flow and traffic of competing athletes
- Athletes will go through normal procedures to step up on the block and start the race.
- Following the race, swimmers will exit the block area and return to their team area and/or the warm down pool.
- They can exit the block area toward the garage door side (default) OR return to the coaches side to see coaches before going to the warm down pool/team seating area.

Post Meet

- Full Results and Scores will be posted online following the meet
- Results will be posted to Meet Mobile during the meet (as frequently as possible)

CCSL Waiver- due prior the Friday prior to the Season Opener meet

Coach will submit a completed "*CCSL League Waiver*" for each athlete and staff on the roster. This can be one scanned file (per team, female and male) with all signed individual waivers alphabetically by last name OR individual files named according to the athlete's last name. Waiver and file upload instructions will be distributed to coaches separately.

Inclement Weather

- In the event of rain, spectators will NOT be moved inside. As long as the weather allows, we will keep garage doors open so that viewing is still possible from the garage doors, if individuals choose to watch there.
- In the event there is lightning or rain that is too heavy to allow for outdoor viewing the garage doors will be shut and for that competition or period during inclement weather there will be no spectators.
- Teams should have a plan to communicate quickly with athletes in regard to rain delays prior to the start of the meet AND in the event that rain requires the meet to be paused, with coaches and athletes waiting in cars until the swim meet can resume.
- A *Remind Me* text group has been established for CCSL League coaches for day of notifications.

CCSL Text Notification for Coaches

A Remind Me group has been set up for the CCSL League Coaches/Administrators to receive any last minute inclement weather information and updates. Coaches will need to communicate and direct their team accordingly.