



# 2024 Crawfish Fall Invitational

## Crawfish Aquatics Pool, Baton Rouge

### October 5-6, 2024

#### **Meet Sanction and Host Team**

This meet is sanctioned by Louisiana Swimming, Inc., Sanction # 2024-10-04  
Crawfish Aquatics, LLC Meet Host

#### **Meet Administration**

Don Webb                      Meet Referee  
O.J. Mesina                    Meet Director, meets@crawfishaquatics.com

#### **Meet Schedule**

Saturday, October 5 Session 1: Warm Up 7:30am. Meet Begins 8:40am.  
Saturday, October 5 Session 2: Warm Up 11:00am. Meet Begins 12:10pm.  
Sunday, October 6 Session 3: Warm Up 7:30am. Meet Begins 8:05am.  
*\*\*All times subject to change*

#### **Facilities**

- Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**
- Indoor, heated, eight-lane 25 meter pool. Non- turbulent lane ropes, lane width seven feet
- Separate warm-up/warm-down area available.
- Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

#### **Parking**

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capital One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

#### **Rules and Meet Regulations**

- Current USA Swimming technical and administrative Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- “Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”
- Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.
- It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

-Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Crawfish Aquatics Meet Director.

-All coaches and officials MUST constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.

-Per LSI Rule 210.2, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

### **Pool Measurement and Depth**

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:

Start End: 13'      Turn End: 4'

### **Eligibility**

-The meet is open to invited USA Swimming-registered swimmers.

-No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302.

-Swimmer's age as of October 5, 2024 determines age for the meet.

-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **Conduct**

-All events are timed final events, swum slowest to fastest. Meet Management reserves the right to combine female/male events.

-Event Limit- 3 Individual Per Session.

-12 and Unders can only swim one session per day. USA Swimming Rule 205.3 F

### **Entry Deadline**

-This meet will be limited to Crawfish Aquatics only swimmers.

-Entries are accepted on a first come basis and entry fee is required to reserve a spot in the meet. Once entry limit is reached the meet will be closed.

-All meet entries are due by Thursday, September 26, 2024.

-Deck entries will be accepted at the discretion of the Meet Director and the fee is \$10 per event payable at the time of entry. Surcharge and Facility Charges will apply if the athlete is not already in the meet. This includes ANY changes from one event to another during the meet.

**Entry Fees**      \$4.00 per event  
                         \$8.00 LA Swimming swimmer surcharge,  
                         \$8.00 facility charge (per swimmer, includes digital heat sheet)

### **Meet Program**

The meet program ("heat sheet") will be posted online ([www.crawfishaquatics.com](http://www.crawfishaquatics.com)) and through the Meet Mobile app the Thursday prior to the meet. There will not be any meet program sales at the event.

**Scoring**

- There is no scoring for this competition.

**Awards**

-There are no awards.

**Meet Marshals**

-For Sessions with 250 athletes or less, there is to be a minimum of 1 (one) meet marshal for that session. If there are over 250 athletes in a session, then a minimum of 2 (two) meet marshals will be required in a session (preferable one of each gender).

**Timing Assignments**

-Each team will provide timers in proportion to meet entries in a session.

-Timers will report 10 minutes prior to the start of each session.

**Warm-up & Procedures**

-Lane assignments to be announced prior to the start of warm-up.

-USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

**Deck Changing:**

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

## **Order of Events**

*Events 15, 16, 43, 44, 45, 46, 61, and 62 will be provide your own timer.*

<b>Saturday</b>			<b>Saturday</b>		
<b>Session 1</b>	<b>12 and Under</b>		<b>Session 2</b>	<b>13 and Over</b>	
1	200 Free	2	17	200 Free	18
3	50 Back	4	19	400 IM	20
5	100 Breast	6	21	50 Back	22
7	200 Back	8	23	200 Back	24
9	100 Fly	10	25	100 Free	26
11	50 Free	12	27	50 Breast	28
13	100 IM	14	29	200 Breast	30
15	400 IM	16	31	100 Fly	32
<b>Sunday</b>			33	100 Back	34
<b>Session 3</b>	<b>Open</b>		35	100 Breast	36
47	200 IM	48	37	50 Fly	38
49	50 Fly	50	39	200 Fly	40
51	100 Free	52	41	50 Free	42
53	200 Breast	54	43	1000 Free	44
55	100 Back	56	45	1650 Free	46
57	200 Fly	58			
59	50 Breast	60			
61	500 Free	62			
<i>Note: Sunday Events are subject to be combined.</i>					

### **Post Meet**

- Full Results and Scores will be posted online following the meet
- Results will be posted to Meet Mobile during the meet (as frequently as possible)
- All shared equipment (i.e. chairs, watches, clipboards, official's equipment), locker rooms & portable toilets will be sanitized)

### **Additional Items**

- Concessions will be provided - please plan accordingly
- Restrooms
  - Portable Toilets are outside and available for usage
  - Separate Athlete and Non Athlete Restrooms will be available for use.

## **PARENTAL ACCESS FOR SAFE SPORT**

Parents are allowed to be at the competition as spectators, meet administration, timers and officials and all safe sport rules documented later are applicable.

### **Safe Sport**

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members.

Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy ([www.usaswimming.org/maapp](http://www.usaswimming.org/maapp)) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit [www.usaswimming.org/report](http://www.usaswimming.org/report).

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert first date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until 4 such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

**2024 Crawfish Fall Invitational  
Summary Of Fees and Release Form**

Complete and email or mail this form along with entry fees to (checks payable to Crawfish Aquatics):

Crawfish Aquatics  
ATTN: OJ Mesina  
10522 S. Glenstone Place  
Baton Rouge, LA, 70810  
Email to: crawfishmeets@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$4.00 per event	
Relay Entries		N/A	
Swimmers (LA Swimming & Facility Surcharge)		\$16.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Louisiana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Crawfish Aquatics, Crawfish Aquatics Pool, Louisiana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE